




# Garden Valley Senior Center

[www.gvseniorcenter.org](http://www.gvseniorcenter.org) 208-462-3943

## February 2026

<p><b>Tuesday Lunches</b></p> <p>11:30am-12:30pm by donation</p> 	<p><b>FEB 3</b> – Meatloaf w/ Gravy, mashed potatoes, roasted carrots, salad bar, fruit, dessert</p> <p><b>FEB 10</b> –Spaghetti w/ meatballs, green beans, garlic bread, Caesar salad, fruit, dessert</p> <p><b>FEB 17</b> – Split Pea soup w/ ham, grilled cheese sandwich, salad bar, fresh fruit, dessert</p>	<p><b>FEB 24</b> – pork roast w/ ½ cup roasted potatoes and carrots, roll w/ butter, salad bar, fruit, dessert</p> <p><i>*Anyone of any age can come and enjoy a meal and good conversation!!</i></p> <p><i>**Meal donations are always welcome!!</i></p>
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**SENIOR CENTER OFFICE HOURS** are Mondays, Tuesdays, and Thursdays from 10am-12pm. The phone number is 208-462-3943.

**LOW IMPACT AEROBICS CLASS!!** What a fun way to get some exercise! The 30-minute session is every Tuesday and Thursday from 10:30am-11:00am.

**PINOCHLE** every Thursday 11:30am-2:00pm. Bring sack lunch and/or snacks!

**FREE TAX ASSISTANCE** starts Thursday, February 5<sup>th</sup>, 2026, from 1-4pm at the Senior Center and continues every Thursday through April 9<sup>th</sup>, 2026.

**FOOD BOXES** - Boxes will be distributed on FEBRUARY 5<sup>th</sup> and 19<sup>th</sup> from 9:30am-11:30am at the Senior Center. Boxes are available for anyone of any age. **EMERGENCY FOOD BOXES AVAILABLE UPON REQUEST!** 😊

**BINGO BINGO BINGO!! – FRIDAY, FEBRUARY 6<sup>th</sup>** is BINGO night!! Doors open at 6:30pm and games start at 7:00pm. Come join in the fun for a good cause and a little prize money!

**MONTHLY GVSC BOARD MEETING – MONDAY, FEBRUARY 9<sup>th</sup> AT 5:30PM**

**GARDEN VALLEY RESOURCE GUIDE** is available on our website [www.gvseniorcenter.org](http://www.gvseniorcenter.org) If you would like additional resources added, please contact the Senior Center and we will get a message to John Cottingham.